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Alliance Ob/Gyn Group, LLC **Information for Obstetrical Patients**

Pregnancy is a happy and healthy time of your life. Your body does go through significant changes which are normal. Detailed information can be obtained via our web site at www.allianceobgyn.com or at your local bookstore where you can purchase books such as *What to Expect When Your Expecting*. Below we list some helpful information as a quick reference.

****Our practice only delivers at Northside Hospital's 1000 Johnson Ferry Road, Sandy Springs, GA 30342 location****

Please be sure to pre-register with Northside Hospital by your 6th month of pregnancy. This will enable you to check in and out of the hospital more efficiently. Please ask our staff for your registration packet, register online at www.northside.com, or call NSH pre-registration at 404-459-1280.

Schedule of Visits

6 – 8 weeks:

Initial Visit – pregnancy confirmation; complete history & physical; initial vaginal ultrasound to confirm due date and confirm viability.

8 – 10 weeks:

Routine Visit – if you began prenatal care early this visit is necessary such that we see you every month. A brief ultrasound is done to see the baby's heartbeat.

11 – 12 weeks:

Ultrasound Visit – measure nuchal translucency (a marker for Down's Syndrome and heart defects), count limbs, view central nervous system.

16 – 17 weeks:

Routine Visit – the quadruple (AFP4) test is offered, a screening test for spinal defects, Down's Syndrome, Trisomy 13 & 18. This can be done at 16 weeks if desired.

20 – 21 weeks:

Ultrasound Visit – evaluate heart, chest, central nervous system, stomach, kidneys, bladder, and genitalia (determination of sex). Please be sure you are pre-registered at Northside Hospital in Atlanta at this time.

24 – 25 weeks:

Routine visit

27 – 28 weeks:

Glucose tolerance test; one hour in office as a screening test for diabetes. Hospital consent forms are also reviewed at this visit. Rhogam is administered if Mom is Rh- and Dad is Rh+

29 – 30 weeks:

Routine visit

31 – 32 weeks:

Ultrasound Visit-- (An extra ultrasound most Ob/Gyns do not perform. It is to ensure normal growth.)

33 – 34 weeks:

Routine visit

35 – 36 weeks:

Routine visit; screening test for Group B strep (a bacteria that can live in the vagina that only causes problems at the time of delivery) is performed

37 weeks:

Routine visit

38 weeks:

Routine visit

39 weeks:

Routine visit

40 weeks:

Routine visit – You Are Due!

41 weeks:

Routine visit – For the baby's continued health, we prefer all patients deliver by 41 weeks

Reasons to Call Emergently:

If something seems wrong, call. Vaginal bleeding, abdominal/ pelvic pain, burning upon urination, severe nausea and vomiting (unable to tolerate fluids) or decreased fetal movement (at 28 weeks and after if you do not feel the baby move 10 times by noon.)