

30 Week Visit

At this visit we will measure the fundal height (the size of the baby) and check your baby's heartbeat. Be sure to write any questions down on a piece of paper and bring it to the visit.

You should call the office if you have more than 6 contractions in an hour, break your bag of water, have vaginal bleeding, if you don't feel the baby move 10 times by noon, have decreased fetal movement or if you think something is wrong.

You are now in your third trimester. At this point we will see you every two weeks until the last month. You should begin to get everything ready for bringing the baby home. You should also begin looking for a pediatrician. There are many excellent pediatricians in the North Atlanta area. We need to know your pediatrician by the time of delivery. If you don't provide us with the name of your pediatrician our doctors will recommend that either Greg Cabrera, MD or Gabriella Drake-Forte MD care for your baby in the hospital. Their cards are available at our front desk. However, if they are not on your insurance plans you will receive a bill from them for their services.

* Please review the patient education videos at www.youtube.com/allianceobgyn **prior** to calling the on call physician or the office regarding questions during pregnancy, these will answer the majority of questions.