

36 Week Visit

At this visit we will measure the fundal height (the size of the baby) and check your baby's heartbeat. Be sure to write any questions down on a piece of paper and bring it to the visit. We will also do a vaginal culture for a bacterium which can harm the baby at the time of delivery called Group Beta Strep.

Contractions are very common at this point. If you go into labor we won't attempt to stop it. Call if you have hard contractions that take your breath away every 5 minutes for an hour, if you break your bag of water, if you don't feel the baby move 10 times by noon, have decreased fetal movement or if you think something is wrong. Losing your mucous plug or bloody show (blood tinged mucous) is not a sign of impending labor and you don't have to call.

Our physicians share call with other excellent obstetricians during the course of the week when they have other commitments Always call our main office number to contact the physician on call.

* Please review the patient education videos at www.youtube.com/allianceobgyn **prior** to calling the call physician or the office regarding questions during pregnancy, these will answer the majority of questions.

****The physicians of Alliance Ob/Gyn are on call for obstetrical and gynecological emergencies only. Calls for non ob/gyn related problems including colds, flu or other primary care related issues should be made to your primary care doctor. General questions about pregnancy, including what drugs can be used in pregnancy are available on our website. Calls for non-emergent issues will not be returned. Please address all non-emergent issues by calling the office during our regular business hours of 7:30am-4:30pm Monday- Thursday and 7:30am-2:00pm on Friday.**